

ST PETER'S CHURCH OF ENGLAND PRIMARY SCHOOL



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Registered in England and Wales
Company number 07939655

PSHE Policy

'St Peter's C of E school promotes Christian values and fosters an environment of spirituality, creativity and respect where everyone is valued and each child can achieve their full potential.'

St Peter's CE Primary School is part of the Eynsham Partnership Academy.

Introduction

All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum:

Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and

Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

The Government's PSHE education review of PSHE Education (March 2013) stated that the subject would remain non-statutory and that no new programmes of study would be published. The DfE specified as part of its National Curriculum guidance that 'All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice'. The review also detailed:

"PSHE remains an important and necessary part of all pupils' education. We believe that all schools should teach PSHE, drawing on good practice, and have outlined this expectation in the introduction to the new National Curriculum"

(Written Ministerial Statement: Review of Personal, Social, Health and Economic education, March 2013).

Personal, social, health and economic education promotes pupils' personal social and emotional development, as well as their health and well-being. It helps to give children the knowledge and skills they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding.

At St Peter's CE Primary School we see PSHE as an intrinsic part of the way in which we promote our vision which is rooted in distinctly Christian values. This policy should be read in

conjunction with our policies on Sexual Relationship Education, Religious Education, Equality and Diversity, Special Educational Needs and Safeguarding.

Aims

PSHE enables children to become healthy, confident, independent and responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community; in so doing we help to develop their sense of self-worth. We teach them how society is organised and governed and about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society. PSHE helps children to acquire the skills, knowledge and understanding, attitudes and values, which are necessary to make sense of their life experiences and to feel confident and informed. We aim to prepare our children for their future through the delivery of a comprehensive PSHE programme.

The aims of PSHE are to enable the children to:

- develop spiritually, morally, socially and culturally;
- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues, including the dangers of drugs and alcohol
- understand what makes for good relationships with others;
- understand and manage their emotions;
- value themselves and respect others;
- acknowledge and appreciate difference and diversity;
- be independent and responsible members of the school and the local community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- safeguard the environment
- develop good relationships with other members of the school and the wider community.

Organisation

The Teaching of PSHE.

St Peter's CE Primary School uses the PSHE Association suggested programme of study as our main scheme. Linked to this we use SEAL – Social and Emotional Aspects of Learning - materials to teach many of the elements of PSHE. We recognise that there are areas that SEAL does not cover and these are addressed with specific lessons where that occurs.

In addition to specific class time dedicated to PSHE teachers will aim to set aside time in class to discuss difficult matters arising from issues experienced in school, home or the wider world. We recognise that Circle Time is a very useful teaching model for many of the aspects of PSHE and this is used extensively.

PSHE and Citizenship will enable children to practise specific skills in structured contexts and in their daily life including:

- Encouraging everybody to take responsibility for their actions through the agreement of class rules.

- Involving children in the setting of their targets for learning.
- Encouraging children to recognise and respect differences between people.
- The election of a school council in a democratic manner, which actively develops the direction of the school.
- Encouraging children to take responsibility for their behaviour.

There are Wider Opportunities for personal and social development at school. These include:-

- The development of each child's ability to work as part of a team, become active within the school community and recognise the qualities of good citizenship.
- Consideration of the holistic needs of every child with regard to their race, culture, language and faith.
- Planning class visits and trips which widen children's experiences beyond the immediate local environment.
- Coming together as a school for collective worship to celebrate academic and personal achievements.
- Planning events which encourage the school to work together for example raising money for charities, sports days.

We seek to promote a healthy lifestyle and self confidence for our community by:

- The provision of a range of lunch time and after school clubs eg football, choir, keyboard, gym, judo, guitar, netball, Kidzone which help foster a healthy lifestyle and encourage children to explore individual talents.
- Providing opportunities in school for children to learn a musical instrument.
- Forest School activities
- Healthy eating promotions during the year including the provision of free fruit for all children and posters encouraging a healthy diet in the school hall.
- Attention to the needs of SEN/EAL children.

We seek the involvement of the whole school community through:-

- Encouraging parents/ carers to support trips or whole school events.
- Weekly newsletters sent to parents/ carers and governors
- Up to date web site
- The Home/ School agreement.
- Yearly parent surveys, open evenings, curriculum evenings etc.
- The St Peter's School Association (SPSA)

Intended Outcomes

The PSHE programme will:

- develop confidence and responsibility and making the most of children's' abilities;
- prepare them to play an active role as citizens;
- develop a healthier, safer lifestyle;
- develop good relationships and respect differences between people.

Content

The following comprises the content for Key Stage 1 and Key Stage 2 (see scheme of work for more detail). There are three core areas: Health and Well Being, Relationships, Living in a Wider World.

Health and Well Being

1. what is meant by a healthy lifestyle
2. how to maintain physical, mental and emotional health and wellbeing
3. how to manage risks to physical and emotional health and wellbeing
4. ways of keeping physically and emotionally safe
5. about managing change, including puberty, transition and loss
6. how to make informed choices about health and wellbeing and to recognise sources of help with this
7. how to respond in an emergency
8. to identify different influences on health and wellbeing

Relationships

1. how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
2. how to recognise and manage emotions within a range of relationships
3. how to recognise risky or negative relationships including all forms of bullying and abuse
4. how to respond to risky or negative relationships and ask for help
5. how to respect equality and diversity in relationships.

Living in the Wider World

1. about respect for self and others and the importance of responsible behaviours and actions
2. about rights and responsibilities as members of families, other groups and ultimately as citizens
3. about different groups and communities
4. to respect equality and to be a productive member of a diverse community
5. about the importance of respecting and protecting the environment
6. about where money comes from, keeping it safe and the importance of managing it effectively
7. how money plays an important part in people's lives
8. a basic understanding of enterprise.

Inclusion

We teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. Sensitivity will be applied in respect of children's individual needs.

Assessment and Recording

Teachers assess work in PSHE by making informal judgements as they observe them during lessons and through discussion. At present there is no formal assessment.

Monitoring and Review

The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader will support colleagues in the teaching of PSHE, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in school. The policy will be reviewed annually.

Policy Agreed by the Governing Body on

Signed Chair of Governing Body

Review Date